

Nutrition Facts

Serving Size 1 (171g)
Serving Per Container 5

Amount Per Serving

Calories 300

Calories from Fat 160

%Daily Value*

Total Fat 17g **27%**

Saturated Fat 5g **26%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 370mg **16%**

Total Carbohydrate 20g **7%**

Dietary Fiber 2g **8%**

Sugars 4g

Protein 16g **32%**

Vitamin A 25%

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Vitamin C 10%

Calcium 6%

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Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g