

# Nutrition Facts

Serving Size 1 (305g)

Serving Per Container About 6

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## Amount Per Serving

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**Calories** 500

Calories from Fat 240

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**%Daily Value\***

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**Total Fat** 26g **41%**

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Saturated Fat 10g **49%**

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*Trans Fat* 0g

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**Cholesterol** 45mg **15%**

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**Sodium** 1040mg **43%**

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**Total Carbohydrate** 45g **15%**

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Dietary Fiber 3g **13%**

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Sugars 13g

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**Protein** 22g **43%**

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Vitamin A 15% • Vitamin C 60%

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Calcium 25% • Iron 10%

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\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Brown Rice, Chicken, Bell Pepper, GO VEGGIE Dairy Free Classic Plain Cream Cheese Alternative, BBQ Sauce, GO VEGGIE Lactose & Soy Free Pepper Jack Deli Slices, Onion, Olive Oil, Garlic, Scallions, Salt, Black Papper

Contains: Milk